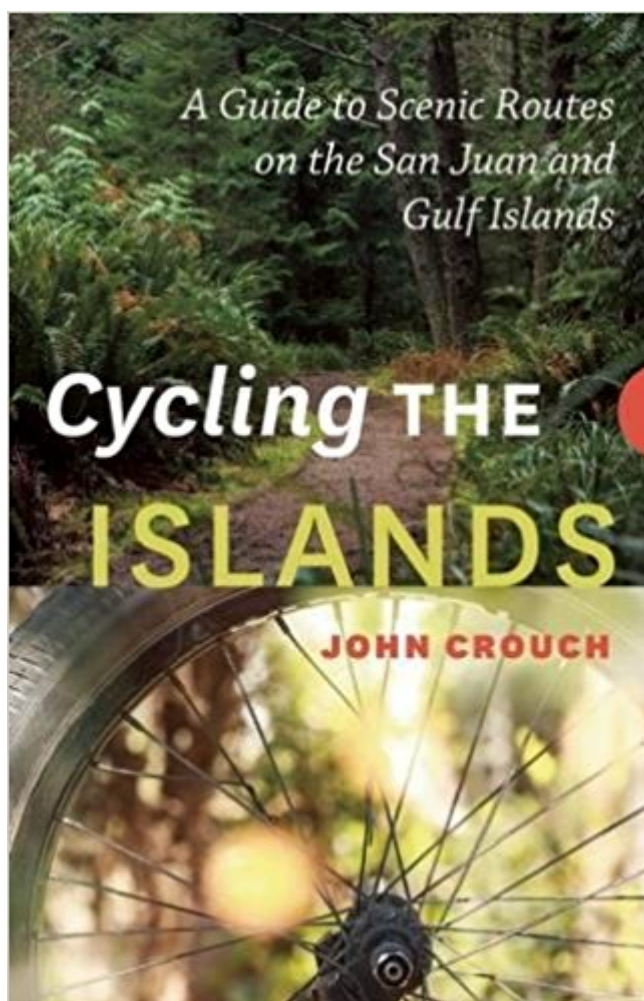


The book was found

# Cycling The Islands: A Guide To Scenic Routes On The San Juan And Gulf Islands



## Synopsis

Featuring over 35 adventures on 13 different islands, each route includes a map and detailed information on local history, topography, aesthetics, places of interest, type of road, general route condition, level of difficulty, start and end points, checkpoints along the way and plenty of full-colour photographs. All of the text and accompanying information is fun, accessible, clearly laid out and easy to use. Readers can escape to the following unique destinations: CANADA Salt Spring Island Pender Island Mayne Island Galiano Island Gabriola Island Denman Island Hornby Island Quadra Island USASan Juan Island Lopez Island Orcas Island Whidbey Island Shaw Island

## Book Information

Paperback: 176 pages

Publisher: Rocky Mountain Books (May 24, 2016)

Language: English

ISBN-10: 1771601612

ISBN-13: 978-1771601610

Product Dimensions: 5.5 x 0.4 x 8.4 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 3 customer reviews

Best Sellers Rank: #363,637 in Books (See Top 100 in Books) #9 in [Books > Travel > United States > Washington > San Juan Islands](#) #43 in [Books > Travel > Canada > Provinces > British Columbia](#) #82 in [Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides](#)

## Customer Reviews

John Crouch is a well-known athlete and writer. For ten years he was the editor of a professional medical journal, the BC Massage Practitioner, and was founding editor of Island Runner magazine. He has also worked with CBC Radio promoting walking and hiking in the Victoria area. John's physical and athletic pursuits embrace a number of disciplines. As a hiker and climber he has summited Mount Rainier, Mount Whitney, Mount Baker and Vancouver Island's highest peak, the Golden Hinde. As an athlete John has competed in 16 marathons and countless shorter races. His accomplishments include winning the World Endurance Duathlon Championship in the 60+ age category in Holland in 2001 and coming second in the 2007 event in Richmond, Virginia; winning the 60+ category in the American Masters Marathon Championship in Napa, California, in 2004; and was on the podium in his category in his first Ironman Canada in 2005. He lives with his wife,

Lorinda, in Victoria, British Columbia.

Haven't biked the routes yet, but has helped me plan my fall bicycling trip to the San Juan Islands.

As a touring cyclist who lives in the region this is a great reference guide to the cycling trails in the islands.

The routes are helpful, but they are lacking in detail in two fundamental ways. First, the details as to things to do / places to stop for refreshment or repairs are scarce. It is mostly just a list of directions for various routes with a few minor notes such as "well-packed gravel for 2 miles" and a few images of bike shops or other random locations of interest. Sometimes details such as gravel roads are listed on the maps, while at other times, they are only listed in the detailed step by step ride instructions. My second critique is that there are no elevations listed for the rides. The mileage and a rough estimate of difficulty such as "moderate" are listed, but it would not take much more effort to include the graph of elevations. We ended up using Google maps at least as much as the book, and google maps provides the missing terrain details. In short, this book could almost be reduced to a series of downloadable Google Maps routes without much loss of detail. Finally, I should note that we only used this book for the San Juan Islands serviced by the Washington State Ferries. We left the book at the bicycle shop in Friday Harbor, our last stop, so they might be able to give you a peak. If this book could be merged with a lonely planet cycling guide, it would be perfect.

[Download to continue reading...](#)

Frommer's Vancouver Island, the Gulf Islands & the San Juan Islands (Frommer's Vancouver Island, the Gulf Islands & the San Juan Islands) Cycling the Islands: A Guide to Scenic Routes on the San Juan and Gulf Islands San Juan Islands: Including Victoria and the Gulf Islands (Moon San Juan Islands) Ultimate Washington/the Best of Seattle, San Juan Islands, Puget Sound and the Cascades: The Best of Seattle, San Juan Islands, Puget Sound and the Cascades (Ultimate Guides) Emily's Guides to the San Juan Islands - Washington (With a San Juan Islands Keyring) CARB CYCLING - The Best Carb Cycling Recipes for Beginners!: ARB CYCLING - The Ultimate Carb Cycling Guide to Weight and Fat Loss Northwest Marine Weather: From the Columbia River to Cape Scott: Including Puget Sound, the San Juan and Gulf Islands, and the Straits of Juan d Carb Cycling: The 7-Day Carb Cycle Transformation Æçâ -â œ Carb Cycling Diet, Carb Cycling Recipes, Carb Cycling Meal Plans San Juan Islands Cruise Guide: A Boaters Handbook for Camping the San Juan's and Surrounding Area - Expanded Edition (Volume 2) Touring the Islands: Bicycling in the

San Juan, Gulf, and Vancouver Islands Moon San Juan Islands: Including Victoria and the Southern Gulf Islands (Moon Handbooks) Frommer's Vancouver Island, the Gulf Islands and San Juan Islands (Frommer's Complete Guides) 99 Dives from the San Juan Islands in Washington to the Gulf Islands and Vancouver Island in British Columbia Frommer's Portable Vancouver Island, the Gulf Islands and San Juan Islands Moon Handbooks San Juan Islands: Including Victoria and the Southern Gulf Islands Kayaking Puget Sound & the San Juan Islands: 60 Trips in Northwest Inland Waters, Including the Gulf Islands Kayaking Puget Sound & the San Juan Islands: 60 Trips in Northwest Inland Waters, Including the Gulf Islands, 3rd Edition Frommer's Vancouver Island, the Gulf Islands & the San Juan Islands (Frommer's Complete Guides) San Juan Antigua Old San Juan, Puerto Rico 2011 EDITION + BONUS CHAPTER: Have an Adventure Forts of Old San Juan: San Juan National Historic Site, Puerto Rico (National Park Service Handbook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)